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| Segunda-feira | Terça-feira | Quarta-feira | Quinta-feira | Sexta-feira | Sábado | Domingo |

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|  | 1 |  | 2 |  | 3 |  | 4 |  | 5 |  | 6 |  | 7 |
| Para substituir qualquer texto de sugestões, como este, selecione-o e comece a escrever. | 8 |  | 9 |  | 10 |  | 11 |  | 12 |  | 13 |  | 14 |
|  | 15 |  | 16 |  | 17 |  | 18 |  | 19 |  | 20 |  | 21 |
|  | 22 |  | 23 |  | 24 |  | 25 |  | 26 |  | 27 |  | 28 |
|  | 29 |  | 30 |  | 31 |  |  |  |  |  |  |  |  |
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Agosto 2016

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| Notas:

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| Para se mover entre as linhas da régua, utilize as teclas de seta para cima e para baixo. |
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