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| [レッスン プランのタイトル] | [日付] |

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| |  |  |  | | --- | --- | --- | | テーマ |  | 概要 | | |  | | --- | | [コースの内容] | | 講師 | | [講師名] | | レベル | | [00] | |  |  |  |  |  | 講師用ガイド |  | 受講生用ガイド | | --- | --- | --- | --- | --- | | 目的 |  |  |  |  | | 情報 |  |  |  |  | | 確認 |  |  |  |  | | アクティビティ |  |  |  |  | | まとめ |  |  |  |  | |  | |  | | --- | |  | | 必須の資料 | | 追加情報 | | 追加注記 | |