Print and take a copy of this form with you on your trip. Also leave a copy at home with a friend or relative.

|  |
| --- |
| Personal Information |
| Full name |  |
| Nickname |  |
| Home address |  |
|  |
| Home phone |  |
| Cellular phone |  |
| Contact for Change in Plans |
| Full name |  |
| Home address |  |
|  |
| Phone numbers |  |
| Return Date |
| Earliest date and time |  |
| Latest date and time |  |
| If I do not return by the latest date and time listed, and I have not notified the contact above regarding a change in plans, notify the police and park security at the phone numbers below. |
| Emergency Contact Information |
| Police |  |
| Park security |  |
| Medical Information |
| Medical conditions |  |
| Allergies |  |
| Current medications |  |
| Members of Your Party |
| Full name of trip leader |  |
| Home address |  |
| Phone numbers |  |
| Full name |  |
| Home address |  |
| Phone numbers |  |
| Full name |  |
| Home address |  |
| Phone numbers |  |
| Full name |  |
| Home address |  |
| Phone numbers |  |
| Transportation if Driving |
| Vehicle 1 owner |  |
| Vehicle 1 make/model |  |
| Vehicle 1 license plate |  |
| Vehicle 2 owner |  |
| Vehicle 2 make/model |  |
| Vehicle 2 license plate |  |
| Transportation if Someone is Dropping You Off and Picking You Up |
| Name of person dropping off |  |
| Home phone |  |
| Other phone |  |
| Name of person picking up |  |
| Home phone |  |
| Other phone |  |
| Route Information |
| Starting trailhead |  |
| Route day 1 |  |
|  |
| Campground |  |
| Route day 2 |  |
|  |
| Campground |  |
| Route day 3 |  |
|  |
| Campground |  |
| Route day 4 |  |
|  |
| Campground |  |
| Route day 5 |  |
|  |
| Campground |  |
| Ending trailhead |  |